

# Effects of vitamins, coenzymes and amino acids on reactions of homolytic cleavage of the *O*-glycoside bond in carbohydrates

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**Abstract**—It has been established that vitamins B<sub>1</sub>, K<sub>3</sub> and C, coenzyme Q<sub>0</sub> and amino acids cysteine and histidine effectively inhibit reactions of homolytic cleavage of the *O*-glycoside bond, which are responsible for the destruction of di- and polysaccharides on  $\gamma$ -irradiation or the action of other reactive radical initiators. This effect was shown to originate from either oxidation or reduction of the radicals of carbohydrates undergoing destruction.

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Activation of free-radical processes in biosystems results in damage to biologically important molecules, which is in many respects associated with the beginnings and development of numerous pathologic conditions.<sup>1,2</sup> The main role in provoking these pathophysiologic changes is attributed to oxidative processes, in particular, to lipid peroxidation.<sup>1,2</sup> It has been established for the first time in our studies<sup>3–10</sup> that reactive oxygen species, when interacting with a number of lipids, provoke destruction that occurs in the polar moiety of the latter. The key role in this process belongs to fragmentation of carbon-centred  $\alpha$ -hydroxyl-containing radicals formed from the starting molecules, which proceeds through cleavage of two  $\beta$ -bonds.<sup>3–10</sup> In the case of cerebrosides, the reactions of such type involve rupture of the *O*-glycoside bond, which leads to formation of ceramides playing an important role in the process of apoptosis.<sup>8,10</sup> It should be noted that the ability of di- and polysaccharides to decompose via rupture of the *O*-glycoside bond is a characteristic feature of free-radical chemistry of carbohydrates.<sup>11–16</sup> The destruction of cartilaginous and conjunctive tissues, synovial fluid and eye lens, and, as a consequence, the development of arthritis, cataract and some diseases caused by the blood vessel malfunction, are thought to be, in many respects, associated with the homolytic destruction of polysaccharides,<sup>17–21</sup> such as hyaluronic acid and mucopolysaccharides.

Taking into account the wide prevalence of the destruction processes taking place in polysaccharides and carbohydrate-containing substances, as well as many dramatic consequences of these events, finding out substances of natural origin producing an effective influence on these processes appears to be a topical issue. For this purpose, the effects of some vitamins, amino acids and coenzyme Q<sub>0</sub> on the yields of products formed on radiolysis of the simplest compounds containing the *O*-glycoside bond, namely  $\alpha$ -methyl-D-glucopyranoside (**I**) and maltose (**II**), were investigated in this study.

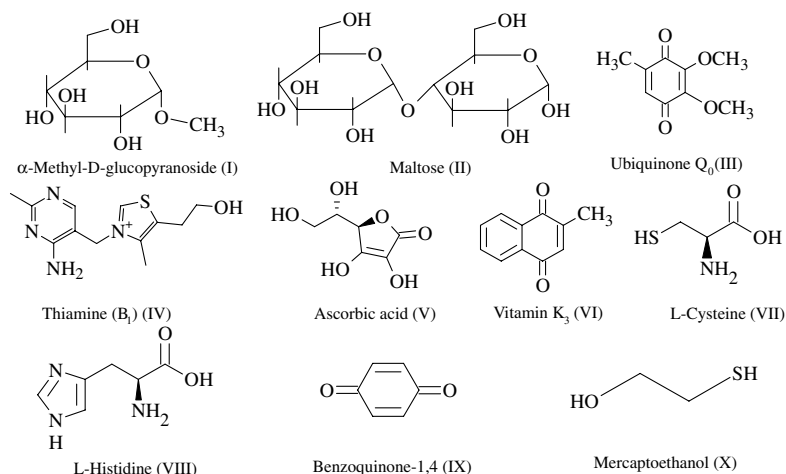
The starting aqueous 0.1 M carbohydrate solutions were prepared using twice-distilled water and transferred into ampoules. Before irradiation in a  $\gamma$ -unit (dose rates and ranges of doses absorbed are specified further in the text), the solutions in ampoules were bubbled through with argon to remove oxygen.

Analysis of destruction products, namely CH<sub>3</sub>OH and glucose, was performed using the GC and HPLC procedures similar to those described in the following paper.<sup>22</sup> The compounds selected for testing were vitamins B<sub>1</sub>, K<sub>3</sub> and C, coenzyme Q<sub>0</sub>, as well as cysteine, histidine, 1,4-benzoquinone and mercaptoethanol. The respective structures, together with those of the carbohydrates, are shown in Figure 1.

Concentrations of coenzyme Q<sub>0</sub>, Vitamins B<sub>1</sub> and C, cysteine, benzoquinone and mercaptoethanol varied in the range  $6 \times 10^{-6}$ – $2 \times 10^{-2}$  M, and concentrations of Vitamin K<sub>3</sub> and histidine were  $10^{-3}$  M.

**Keywords:** Carbohydrates; Vitamin C; Vitamin B<sub>1</sub>; Vitamin K<sub>3</sub>; Amino acids; *O*-Glycoside bond; Free-radical fragmentation.

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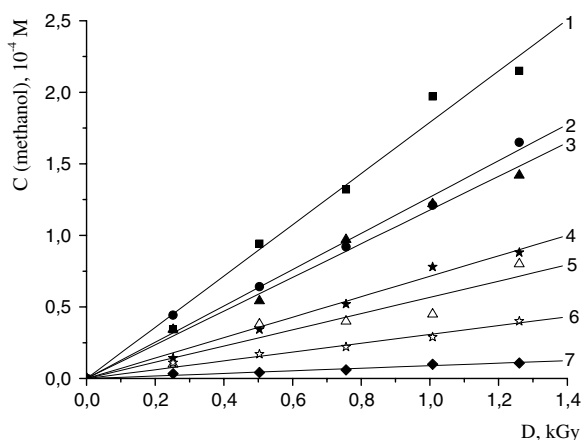


**Figure 1.** Structural formulas of the substrates and test compounds used in the study.

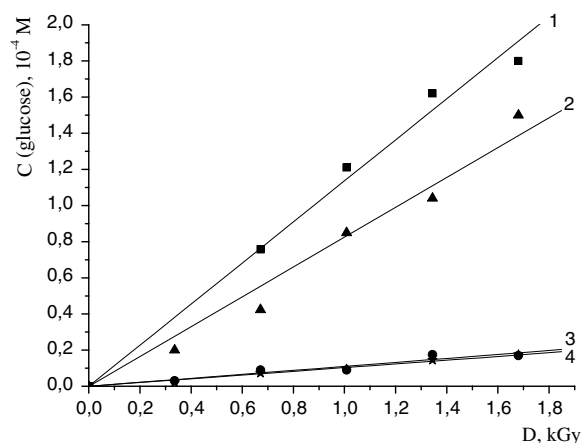
The effects produced by the test substances were evaluated according to changes in either accumulation of radiolysis products (Figs. 2 and 3) or radiation-chemical yields ( $G$ , mol/J) of products resulting from destruction of compounds (I) and (II) (Figs. 5 and 6).

Investigation of the effects produced by the test compounds, used at concentrations of  $10^{-3}$  M, on yields of  $CH_3OH$  formed on radiolysis of 0.1 M solutions of compound (I) revealed that some of them effectively block the process of  $O$ -glycoside bond cleavage (cf. Fig. 2). Similar effects were observed when assessing glucose accumulation on radiolysis of deaerated aqueous 0.1 M solutions of maltose in the presence of the test substances at  $10^{-3}$  M (Fig. 3).

Thus, it can be stated that there are substances among water-soluble vitamins, amino acids and coenzymes that are able to inhibit effectively the radiation-induced reactions involving cleavage of the  $O$ -glycoside bond in car-



**Figure 2.** The effects of absorbed dose on accumulation of  $CH_3OH$  in radiolysis of 0.1 M  $\alpha$ -methyl-D-glucopyranoside solutions in the presence of various additives: (1) in the absence of an additive, (2) vitamin  $K_3$ , (3) histidine, (4) ubiquinone  $Q_0$ , (5) vitamin C, (6) vitamin  $B_1$ , (7) cysteine. (Dose rate: 0.28 Gy/s).

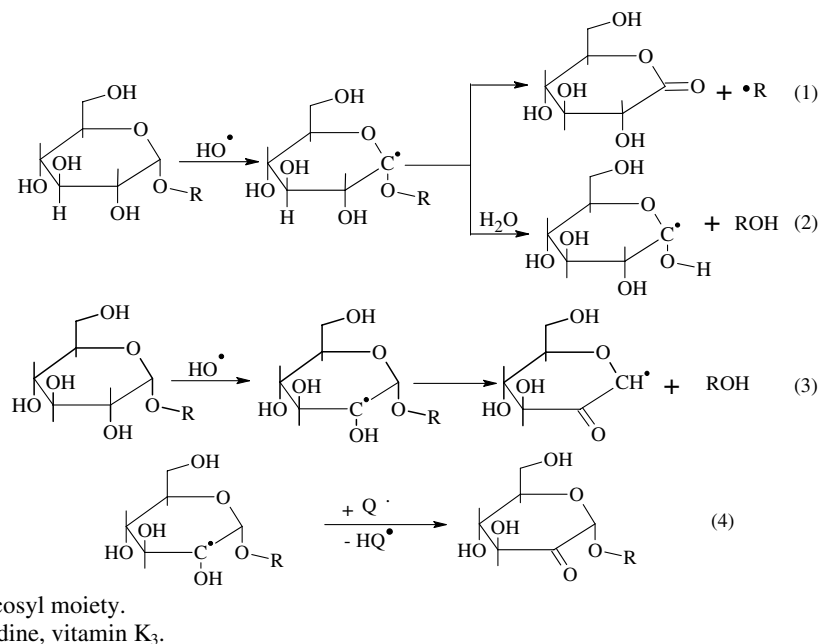


**Figure 3.** The effects of absorbed dose on accumulation of glucose in radiolysis of aqueous 0.1 M maltose solutions in the presence of various additives: (1) in the absence of an additive, (2) vitamin C, (3) coenzyme  $Q_0$ , (4) vitamin  $B_1$ , (dose rate: 0.28 Gy/s).

bohydrates. Such effects could be explained in terms of capture by the test compounds (III–X) of  $\cdot H$  and  $\cdot OH$  radical species, which are formed on water radiolysis and capable of initiating destruction of substrates (I) and (II) in the absence of the inhibitors. However, this is hardly a plausible explanation because the values of rate constants for reactions of  $\cdot H$  or  $\cdot OH$  species with the test compounds and the carbohydrates are comparable, while concentrations of the latter are 100 times greater, which makes them the main targets.

Investigation of homolytic transformations of carbohydrates initiated by  $\gamma$ -radiation<sup>11–15,22</sup> or oxidation–reduction agents<sup>23–25</sup> revealed that the OH-induced rupture of the  $O$ -glycoside bond is a key step in transformation of C-1 and C-2 radicals formed from the starting compounds. This is illustrated in Figure 4 by processes (1–3), as applied to compounds (I) and (II).

Among the processes mentioned above, only reactions (2) and (3) yield components of the starting compounds as molecular products, therefore just these reactions are



**Figure 4.** Schematic representation of the processes leading to rupture of the *O*-glycoside bond in carbohydrates (1–3), as well as oxidation of the C-2 radicals of carbohydrates.

mainly responsible for the formation of CH<sub>3</sub>OH and glucose on radiolysis of compounds (I) and (II).

The key step in the transformation pathway (3) belongs to decomposition reactions of C-2 radicals formed from the starting compounds. The role of processes of such kind in causing damage to organic substances continues to be the object of study in our laboratory for many years.<sup>7</sup> As a result of these studies, it has been established that the fragmentation processes of type (3) are suppressed by oxidizers: oxygen,<sup>22</sup> quinones<sup>26</sup> and quinonimines,<sup>27</sup> as well as some nitrogen-containing heterocyclic compounds.<sup>27,28</sup>

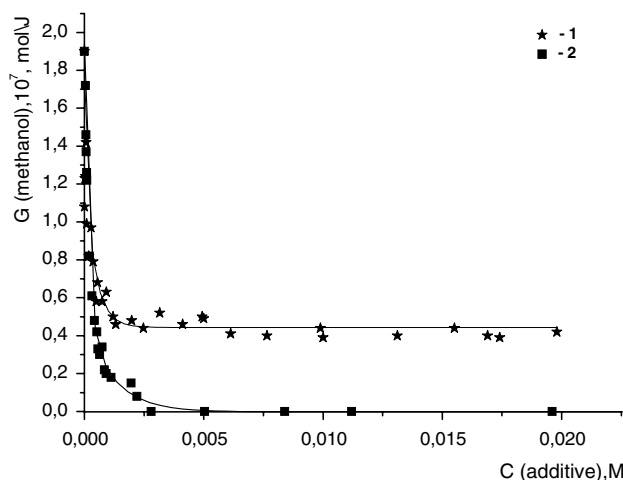
This occurs owing to oxidation of the C-2 radicals formed from the starting carbohydrates into the corresponding carbonyl compounds.<sup>26</sup> In our case, therefore, CoQ<sub>0</sub>, vitamin K<sub>3</sub> and histidine are capable of blocking the radiation-induced rupture of *O*-glycoside bond in compounds (I) and (II) by means of oxidation of the C-2 radicals formed. (cf. Reaction 4). The ability of imidazole compounds to oxidize  $\alpha$ -hydroxyl-containing radicals was shown in an earlier study.<sup>28</sup>

Efficient reducing agents like sulfhydryl-containing compounds, such as compounds (VII) and (X), as well as vitamins C and B<sub>1</sub>, can block the processes (1–3) by reducing the C-1 and C-2 radicals into the starting molecules.

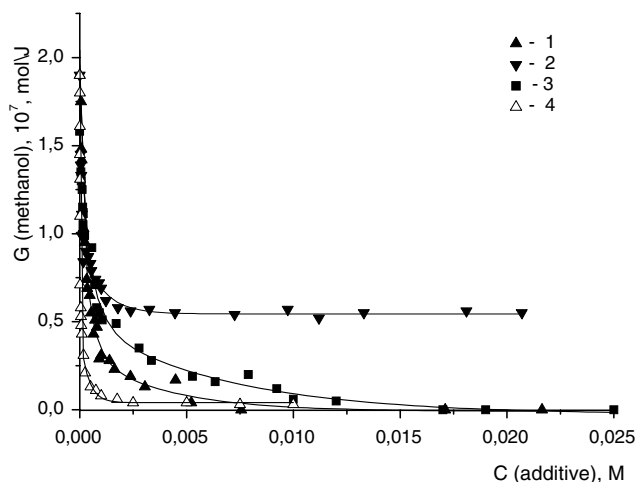
To differentiate the compounds under study with respect to mechanism and efficiency of blocking the homolytic *O*-glycoside bond cleavage, we investigated concentration effects of the starting compounds on the yields of CH<sub>3</sub>OH and glucose. In the initial stage, we have chosen a typical oxidizer—compound (IX) and a typical reduc-

ing agent—compound (X). As seen from the results obtained (Fig. 5), the behaviour of compounds (VII) and (X) is different, depending on concentrations of the additive. It is noteworthy that the oxidizer (1,4-benzoquinone) suppresses the yield of *O*-glycoside bond cleavage product down to a certain value (by 70%), and further increases in concentration of the additive do not affect the yields of methanol. At the same time, mercaptoethanol—a powerful reducing agent with respect to free radicals—blocks the formation of CH<sub>3</sub>OH completely.

This difference in behaviour is due to the fact that the inhibitory effect of oxidizers is associated with their capability of blocking the process of *O*-glycoside bond



**Figure 5.** The effects of concentration of 1,4-benzoquinone (1) and mercaptoethanol (2) on yields of CH<sub>3</sub>OH in radiolysis of 0.1 M  $\alpha$ -methyl-D-glucopyranoside solutions (dose rate: 0.72 Gy/s).



**Figure 6.** The effects of concentration of the test compounds on the yield of  $\text{CH}_3\text{OH}$  in radiolysis of 0.1 M solutions of compound (I): (1) thiamine (2) coenzyme  $\text{Q}_0$ , (3) ascorbic acid, (4) cysteine. (Dose rate: 0.72 Gy/s).

cleavage (3) only—by oxidizing radicals of the C-2 type. Hence, the contribution of this reaction to the total result of the *O*-glycoside bond cleavage is  $\sim 70\%$ . Hydrogen donors suppress the processes (1–3) by reducing both C-1 and C-2 radicals formed from the starting compounds; hence they are able to stop the homolytic reactions of *O*-glycoside bond cleavage completely. While studying relationships between additive concentration and product yield for the vitamins and coenzyme  $\text{Q}_0$ , after evaluation of yields of *O*-glycoside bond cleavage products, we observed the same effects (cf. Fig. 6).

Thus, it has been shown that there are compounds among vitamins, coenzymes and amino acids that effectively inhibit the reactions of homolytic *O*-glycoside bond cleavage leading to destruction of di- and polysaccharides, and carbohydrate-containing substances.

This property of the named additives appears to be important, while searching for chemotherapeutical agents intended to be used for prevention and treatment of pathophysiological conditions resulting from activation of free-radical processes in a living organism, which lead to destruction of oligo-/polysaccharides and carbohydrate-containing substances.

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